



*empathetic*

*interactive*

*people-centered*

# PARTICIPATORY PRACTICES FOR BETTER ENGAGEMENT AND RESEARCH

**1-DAY TRAINING**

[www.empatika.org](http://www.empatika.org)

Qualitative research is valued for providing rich and deep insights into people's beliefs, values, motivations, behaviours, lived experience, and for understanding complex social processes.

Empathetic engagement with people and communities as part of research, program design, implementation, or monitoring can help build relationships and unlock better outcomes for all parties involved.

This one-day course develops participants' skills and the competencies necessary for **better engagement and data collection.**

The training does this by guiding participants through core concepts such as bias, power dynamics, and assumptions, including how these can affect engagement and insights.

The course introduces participants to key principles of qualitative research and engagement and the repertoire of participatory qualitative tools beyond traditional tools like focus group discussions and interviews.

Participants also learn approaches to effective communication and creative and participatory ways to use visuals to enhance engagement.

Our trainers use hands-on approaches, interactive activities, and make use of real life examples from the field.



## WHO IS IT FOR

The course is designed for qualitative researchers, field officers, program designers and officers, students or fresh graduates who may already have basic knowledge of qualitative methods but want to improve their skills or learn more about empathetic engagement and participatory approaches.

## CONTENTS

### PRINCIPLES OF QUALITATIVE RESEARCH AND ENGAGEMENT

- Overview of research and engagement in development
- Unlearning and inclusive research and engagement
- Types of research
- Elements of qualitative research and engagement
- The qualitative toolbox

### EMPATHETIC RESEARCH AND ENGAGEMENT

- Power and how it affects research and engagement
- Mitigating researcher/facilitator and participant bias
- Challenging our assumptions

### BETTER COMMUNICATION FOR RESEARCH AND ENGAGEMENT

- Active and empathetic listening skills
- Two-way conversation

### PARTICIPATORY VISUALS

- Principles of participatory visuals
- Facilitating visuals

### RECORDING FIELD NOTES

- Approaches to taking field notes
- Ethics related to photos and recording.

## WHAT YOU WILL LEARN

By the end of the workshop you will:

1. Gain knowledge of innovative, participatory qualitative approaches and tools and test these out.
2. Be able to apply newly acquired competence and skills in listening and conversations as part of encouraging participation and engagement.
3. Examine the role of power, bias, and assumptions and learn tips to mitigate these.



### LANGUAGE

English and Bahasa Indonesia

### PARTICIPANTS

10-15

### PRICE

IDR 1,000,000 / person  
(discounts for students & groups)

### WHAT'S INCLUDED

- Lunch and snacks
- Take home materials
- Certificate of participation

*All Empatika training courses and workshops can be customized to the particular needs of organizations. Please talk to us and we will design a training course for you.*

## SIGN UP!



[bit.ly/empatikatraining](http://bit.ly/empatikatraining)



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## ABOUT EMPATIKA

Empatika is an Indonesia-based, internationally-oriented organisation specialising in people-centred approaches to research, training, and development solutions. We provide innovative and adaptive qualitative and mixed methods approaches to research and programs, along with custom capacity building to bring policies and programs closer to people's everyday realities.

Our training courses are grounded in our experiences as researchers and emphasize participation, informality, and connecting with participants. All of our courses draw on international participatory practices as well as our own learning and reflections. Empatika's training courses range from the foundations of qualitative research to more advanced and specialized research skills and approaches.